

Crystal A. Johnson, Ph.D.

Crystal is a dharma practitioner and teacher who has co-created, and co-teaches programs for white dharma practitioners seeking to build awareness, knowledge and skills to challenge the dynamics of white privilege and race-based oppression, and to create truly diverse sangha. Programs include *White and Awakening in Sangha*, a six month program at the East Bay Meditation Center in Oakland, CA, *Interconnected: Challenging Racism and White Privilege with Mindfulness and Compassion*, an 8 session course at the San Francisco Zen Center, and *Unpacking Whiteness*, a 5 session course offered by the Soto Zen Buddhist Association. She also consults to (white-dominated) organizations seeking to identify and address barriers to racial equity embedded in organizational culture, policies and practices.

Crystal is a recently-retired psychologist with many years of program, clinical and financial management experience. Her last decade of clinical work focused on teaching clinical work as a social justice practice to student clinicians working in public schools, homeless drop-in centers and the county jail. She is a graduate of the Commit2Dharma study program at the East Bay Meditation Center (EBMC), and of the Dedicated Practitioners Program (DPP4) and the Community Dharma Leader (CDL5) Program offered by Spirit Rock Meditation Center. She holds her teaching as a reparations practice, seeking to redress the harm of race-based oppression, and donates all proceeds of the courses to the East Bay Meditation Center in Oakland, CA or to another POC-led organization working for social justice. She can be contacted at [cjohnson21@earthlink.net](mailto:cjohnson21@earthlink.net)