

TASSAJARA ZEN MOUNTAIN CENTER

Summer Work Practice

April 6 - September 26, 2018



photo credit (clockwise from top left): Ron Neiberding, Margo Moritz, Shundo David Haye, Valerie Boquet

The Summer Work Practice program at Tassajara provides a wonderful opportunity for living and working within a community where the foundation is Zen meditation.

The focus of our practice in the summer is work. Life here requires a high degree of self-discipline and self-motivation. At the same time, work practice offers many opportunities for studying the self, cultivating dharma relationships with other students and teachers, and practicing in a deeply supportive natural environment. Tassajara's work-practice approach is based on the teachings of Shunryu Suzuki Roshi.

In addition to gaining skills and practicing in the community, summer students can earn up to two practice period scholarships, which can be used at any of the San Francisco Zen Center temples for intensive periods of Zen practice.

For more information please visit sfzc.org/tassajara, or contact us at tassajara@sfzc.org

- **Earn Scholarships for intensive practice**
- **Study Zen in the lineage of Shunryu Suzuki Roshi**
- **Live in the beautiful mountains of the Ventana Wilderness in Carmel Valley, CA**
- **Work in the Tassajara Zen community and learn skills in cooking, gardening, hospitality, and more**

About Tassajara

In 1967 Tassajara or Zenshinji (Zen Heart-Mind Temple) was established as the first Zen training monastery outside of Japan, and offers monastic training periods during the fall and winter months. In the summer, our focus shifts from the inward activity of meditation and silence to include the work of serving the community and sharing the experience of Zen practice and the joys of Tassajara with our guests and visitors.